

## **Medical Procedures: Soccer and Futsal Overnight Camp at Saint Anselm College**

Our staff (including our athletic trainer and camp registered nurse [RN]) is prepared to follow precise guidelines when faced with the medical needs of our campers, including administration of medication, handling allergic reactions or mild illnesses, and addressing medical emergencies. Details are below. For any additional questions or concerns, please contact Camp Director Bruno Victal, at [bruno@basoccertraining.com](mailto:bruno@basoccertraining.com).

### **Administration of medication:**

1. Written authorization from parent will be obtained in order to administer medications, including prescription, non-prescription, and topical medications.
2. Written record of administration will be maintained and kept in camper's file.
3. Medication shall only be administered by the camp registered nurse (RN) or by a staff member under the professional oversight of the RN. Medication shall be given only if it is from the original prescription container, and there is written permission from the parent.

### **For Sports-Related Injuries:**

1. St. Anselm College's certified athletic trainers will be on hand in order to address any sports related injuries that may occur. These trainers are fully equipped to provide professional evaluation, treatment, and rehabilitation of athletic injuries. Whether it is a case of a blister, bruise, scrape, muscle strain, sprained ankle, concussion, fracture or other injury, campers will be given the highest quality care without delay. After daytime hours, all athletic injuries will be addressed by the camp RN.

### **For Mild Illness (Non-Emergency):**

1. Campers who are feeling mildly ill will have their parents notified immediately for consultation and possible pick-up. Parent contact information is held on location.
2. Campers with mild illness will be monitored by our RN, given fluids, and encouraged to rest until a parent arrives, or until feeling well enough to resume normal activity.
3. Campers who leave camp because of illness are permitted to return when feeling better.
5. All first aid treatment will be recorded in a medical log on location. Each entry will include date of illness/injury, child's name, injury/symptoms, and treatment given. No medication will be given without the express consent of parent and without a trained medical professional.

### **For Severe Illness or Injury (Emergency Procedures):**

*(Please note that Brazilian Arts Soccer and FutsalNH have an excellent record of avoiding serious injuries. With a caring and watchful staff, we fully expect to avoid such incidents. However, we have taken every precaution.)*

1. If a camper should suffer a serious illness or injury, the RN will immediately administer first aid/CPR, an ambulance will be called (if necessary), and parents will be contacted by phone (all emergency contact numbers are kept on location).
2. If the camper is in critical condition, the camper will be transported by ambulance to the hospital. If not in critical condition, the camper will be transported by parents or the camp director (with parental consent) to the local hospital or physician's office.
4. A report shall be completed for each injury that results in a camper being sent home or in a camper being taken to the hospital or physician's office.